

Ian Rose - Resilience Day



Ian is one of Great Britain's most successful Paralympic Judoka (a judo expert, in other words). He was a Torchbearer and an Opening Ceremony performer for the London 2012 Paralympic Games, as well as winner of two Paralympic, five World Championship and nine European Championship medals. Retiring in 2011, Ian now focuses on motivating and inspiring others to achieve their full potential and get the most out of both their career and life.

On Tuesday 25 September, children across the school will get the opportunity to listen to Ian share his inspirational story.

Throughout the day there will be a **Growth Mindset Assembly**: Ian will share his story about his fight with looking different after

contracting childhood eye cancer. Running through building self-esteem, self-confidence, self-belief and becoming a successful sportsman. A competitor in five Paralympic Games winning two medals, Ian will share his high's and low's and highlight the importance of having a growth mindset, setting goals and focusing on being your best.


For some children in Key Stage 2, this assembly will be followed up with a **Growth Mindset Workshop**: This workshop will inspire your students to aim for new highs. This will challenge your pupils to look at how Attitudes, Goal Setting, Confidence and Determination are so important in life and teach them new skills to aim for their own full potential.

Don't forget that there is also a **Parents' Breakfast** whereby you can hear his inspirational story as well as share some Growth Mindset tasks with your children.

Fundraising/Cake Sale


Deepa is a parent at our school and she is hoping to raise money for stem cell treatment abroad to halt the progression of her Multiple Sclerosis. Without this treatment, a relapse would mean that Deepa will be permanently in a wheelchair. Unfortunately the government criteria is very strict and she does not fall under the category to have treatment in the UK.

Below is a leaflet containing more information and also a link to the go fund me page.



PLEASE HELP RAISE MONEY FOR DEEPA'S STEM CELL TREATMENT

We are raising £50,000 to help Deepa have HSCT stem cell treatment. The treatment will help to stop her Multiple Sclerosis progressing, and also help repair some of the damage caused to her immune system and give her life back!



VISIT [WWW.GOFUNDME.COM](https://www.gofundme.com/stemcellsfordeepa) and SEARCH DEEPA to donate or email stemcellsfordeepa@hotmail.com to donate direct

https://www.gofundme.com/stemcellsfordeepa&rcid=r01-152931419567-a6d1ba7fc48d4a75&pc=ot_co_campmgmt_w

Cake Sale

On Tuesday 25th September, Deepa will also be selling cakes to help raise money. Cakes will be on sale at the Resilience Breakfast and at the end of the school day.

Sports and Clubs at Ryefield

It was great to see so many children attending the new school clubs - this will continue to develop as opportunities arise so watch this space!

Day	Time	Club	Dates
Monday	3.30pm – 4.30pm	Football – Y5 & Y6	10 th Sept – 10 th Dec
Tuesday	3.30pm – 4.30pm	Dance – KS2	11 th Sept – 11 th Dec
Tuesday	3.30pm – 4.30pm	Basketball – KS2	18 th Sept – 11 th Dec
Wednesday	3.30pm – 4.30pm	Gymnastics – Y2, Y3, Y4 & Y5 * Fully booked	12 th Sept – 12 th Dec
Wednesday	3.15pm – 4.15pm	Dance with Tracey – Rec, Y1 & Y2	12 th Sept – 12 th Dec
Thursday	3.15pm – 4.15pm	Multi-Skills – Rec, Y1 & Y2	13 th Sept – 13 th Dec
Friday	3.15pm – 4.15pm	Rugby Tots – Rec, Y1 & Y2	14 th Sept – 14 th Dec
Friday	3.30pm – 4.30pm	Football – Y3 & Y4	14 th Sept – 14 th Dec

In order to attend the paid clubs payment needs to be made on your child's sQuid account.

Their place is not confirmed until you have paid for your child's place.

W.R.A.P (Watford Recycling Arts Project)

We have set up a membership as a school with Watford Recycling Arts Project in Northwood Hills. It is a large warehouse full of resources to use for projects and junk modelling. As parents we welcome you to access our membership for any projects that your children may have.

Should you wish to use the membership our number is: **4432**

Address: **Unit 2-6, Ryefield Crescent, Northwood Hills, HA6 1LT**

****Note that you cannot park outside the Unit or you WILL receive a parking ticket. Park outside the parade of shops on Joel Street and walk in.****

School Uniform

Ryefield sweatshirts/cardigans and PE kit should be purchased either by visiting PMG Schoolwear or online (please see link on school website). There are regular uniform checks conducted by the headteacher and the Welfare Assistant.

If trainers are worn for medical reasons the school will require a note stating how long this arrangement will be in place for.

Girls <ul style="list-style-type: none"> • Grey skirt, knee length, or pinafore • Grey straight legged trousers • White polo shirt or Shirt for year 5 and 6 • School sweatshirt or school cardigan • White socks (not “trainer socks”) or grey tights • Cotton white/light blue school summer dress • Black sensible, low-heeled shoes (no boots) • Suitable summer sandals with socks • Ties for Year 5 and 6 	Boys <ul style="list-style-type: none"> • Grey straight legged trousers • White polo shirt or Shirt for year 5 and 6 • School sweatshirt • Grey socks • Black sensible, low-heeled shoes (no boots) • Grey shorts (optional) in the summer - not sports shorts • Ties for Year 5 and 6
for PE <ul style="list-style-type: none"> • Trainers (KS2) / plimsolls (KS1) • Shorts - royal blue • White T-shirt – plain or with Ryefield logo • Navy blue/black track suit in winter if possible (with no prominent logos, other than school badge) 	for PE <ul style="list-style-type: none"> • Trainers (KS2) / plimsolls (KS1) • Shorts - royal blue • White T-shirt – plain or with Ryefield logo • Navy blue/black track suit in winter if possible (with no prominent logos, other than school badge)

- **Trainers** - not to be worn indoors and are for outdoor games only. Bare feet is ideal for indoor PE
- **Hats** - baseball hats may be worn outside in the summer
- **Hair bands** - black or navy – simple in design
- **Scarf** – may be worn for religious reasons only, but they must be plain
- **Swimming** - year 4 pupils require a swimming hat, pupils with a medical condition should wear a yellow hat. Hats can be purchased from the school office
- **Storage** - all kit should be kept in a bag of sensible size

- **Art Shirts** - all children need an art apron/shirt
- **Labels** - all clothing should be clearly labelled - unmarked items will be retained in Lost Property for one term only
- **Football/Netball/Athletics** - the school provides teams with school kit which must be washed and returned
- **Waterproofs** - it is important that children have waterproof coats for playtimes

The school also enforces certain rules in relation to wearing the above listed below:

- **Sweatshirts/jumpers** - are not to be worn tied around the waist
- **Shirts** - are to be tucked in at the waist
- **Hats** - are not to be worn indoors at all
- **PE kit** - is to be kept in school during week days
- **Jewellery** - no jewellery at all except for plain gold stud earrings or for religious reasons. Stud earrings are not to be worn on PE/Games/Swimming days - teachers are not responsible for looking after earrings
- **Long hair** - tied back for health and safety reasons - hair accessories should be plain
- **Watches** - not allowed in Key Stage 1
- **Other issues** - no hair colour or shaved patterns in hair, or any other extreme styles. No body paint or transfers, no nail varnish or false nails, no sun glasses unless for medical reasons, no flashing shoes or trainer shoes.

Please label all your child's belongings that they bring to school with them! Our lost property pile is very big from last year and we don't want to make it any bigger.

In line with our Uniform Policy please ensure hair accessories are kept plain and minimal. More and more children are wearing large hair accessories, despite them looking lovely they are not part of the school uniform.

Please ensure that your child is wearing the correct school uniform.

Reminder to Parents



NO Nuts in School

We would like to remind parents that we are a nut free school - please do be very mindful of what you place in your child's lunch box or as a healthy snack for break time. We do have a number of children who have a severe nut allergy and we need to do all we can to ensure they are safe in school.

Children in years 3-6 should only be bringing a healthy snack for playtimes such as a piece of fruit or vegetable. Crisps do not count as a healthy snack. Children in Reception, Year 1 and Year 2 do not need to bring a snack as one will be provided in class.

End of day collecting children

It has come to our attention that parents are excited to see their children so much they are looking through the windows and doors into the classrooms. Can we please ask that you refrain from doing this as it unsettles the children whilst the lesson is still finishing at the end of the day.

Autumn / Winter is here...

If your child has asthma and uses a preventative inhaler (Beige/ Brown/ Orange/ Red/ Purple/Pink) please make sure it is being taken regularly **EVERY DAY** as we are heading towards the most challenging season for asthmatics.

The Hillingdon Champions of Asthma Team.



PARENT GYM

Our parenting class will start fully on 4th October at 9 a.m. This workshop will run every Thursday for 6 weeks. This is a very informal workshop offering tips on many areas covering your child. Tea and coffee provided. If you have not signed up, you can pick up a flyer from reception or come along on the day.

ESOL SPEAKING & LISTENING

Our English course will start with enrolment on Tuesday 2nd October at 9 a.m. Then every Tuesday for 8 weeks. Please ask your child's teacher for a letter.

Please check our website for any parent/carers activities.

Late pick-ups

Please could we remind the small minority of parents who pick their children up late that this can cause the children to be upset and places an undue burden on staff. School pick up times are:

Reception & KS1	3.15pm
KS2	3.20pm

If your child is not collected by **3.40pm** they will be placed in our After School Club and the family charged (including a late booking fee). This is so that we can ensure your child is safe, properly supervised and safeguarded.

School Lunches

**If you have unpaid fees for lunch - please ensure that your account is settled.
Your child will not receive a school lunch until their sQuid account has credit!**

If sQuid does not allow you to order due to owed funds then it is your responsibility to provide your child(ren) a packed lunch.

Please note that this does not apply to children in the Early Years (Reception) and KS1 (Years 1 and 2) as you automatically receive Universal Infant Free School Meals or families who receive free school meals in KS2 (Years 3-6)

Are you eligible for Free School Meals and access to the Pupil Premium?

Visit: <https://myfreeschoolmeals.com/> to check for eligibility

Upcoming Dates For Your Diary

Tuesday 25th September	Resilience Breakfast: 08:45 - 09:15 Parents & Children work together at Breakfast 09:15 - 09:55 Parent only workshop Cake Sale @ 9.00am & 3.00pm
Thursday 27th September	Y6 are taking part in The Heathrow Coding Challenge Will finishing at 3:30pm
Tuesday 2nd October	Individual & sibling Photos Reception - Year 6
Wednesday 3rd October	Y3 Chocolate Tasting Workshop
Thursday 4th October	Parent Gym Workshops begin 9.00am - 11.00am
Thursday 18th October	Harvest Festival
Monday 22 nd - Friday 26 th October	Half Term
Monday 29 th October	Children return to school
Thursday 22 nd & 23 rd Friday November	INSET Days - no children should attend
Friday 21 st December	End of Term KS1 finishes @ 1.30pm/KS2 finishes @ 1.35pm