

Ryefield Bulletin

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Ryefield Primary School

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Keeping Our Children Safe – Why We Are a Nut-Free School

At Ryefield Primary School, the safety and wellbeing of every child is our top priority. This includes keeping our school environment safe for pupils with severe nut allergies. As a nut-free school, we kindly ask all families to avoid sending any nut-containing products into school. This is not simply about avoiding peanuts; it includes all nuts, including tree nuts.

What counts as a nut?

Most people often think of “nuts” as peanuts, but in medical terms the category is much broader. It includes:

- Peanuts
- Tree nuts such as almonds, cashews, pistachios, hazelnuts, walnuts, pecans, macadamia nuts
- Nut spreads and butters (e.g., Nutella, almond butter, peanut butter)
- Snack bars containing nuts
- Pesto (often contains pine nuts)
- Some chocolates, biscuits and cakes containing nuts
- Trail mixes, granola mixes and cereals with nuts
- Bakery goods that may contain or have been prepared near nuts

Why is this so important?

For children with severe allergies, even tiny traces of nuts can cause a life-threatening reaction. Exposure does not need to come from eating a nut directly—residue on hands, lunch tables, shared equipment or clothing can be enough to trigger an allergic response.

When families send nut-free lunches and snacks, they are helping to:

- Protect vulnerable pupils who rely on the school community to help keep them safe
- Prevent accidental exposure during lunchtime, in classrooms, and on school trips
- Reduce anxiety for pupils and parents affected by allergies
- Promote a culture of care, inclusion and shared responsibility

What parents can do

- Double-check snack packets and lunchbox items for nut ingredients
- Choose “nut-free” labelled products where possible
- Avoid all nut-based spreads and bars
- Speak to your child about why being a nut-free school matters

We know this requires extra thought from families, and we are grateful for your continued support. By working together, we can ensure that every child at Ryefield feels safe, protected and included—every single day.



PERFORMING ARTS

ENROLLING NOW

BACK FROM MONDAY 12TH JANUARY



AT RYEFIELD PRIMARY SCHOOL

ACTING

MONDAYS - BACK 12TH JANUARY - 3:10-4:10 - RECEPTION, YEARS 1 & 2

FRIDAYS - BACK 16TH JANUARY - 3:10-4:10 - YEARS 3, 4, 5 & 6

STREET DANCE

TUESDAYS - BACK 13TH JANUARY - 3:10-4:10 - YEARS 3, 4, 5 & 6

WEDNESDAYS - BACK 14TH JANUARY - 3:10-4:10 - RECEPTION, YEARS 1 & 2

£6.00 PER CLASS (INVOICED TERMLY)

VENUE: RYEFIELD PRIMARY SCHOOL, RYEFIELD AVENUE, UXBRIDGE UB10 9DE

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IGotSoul



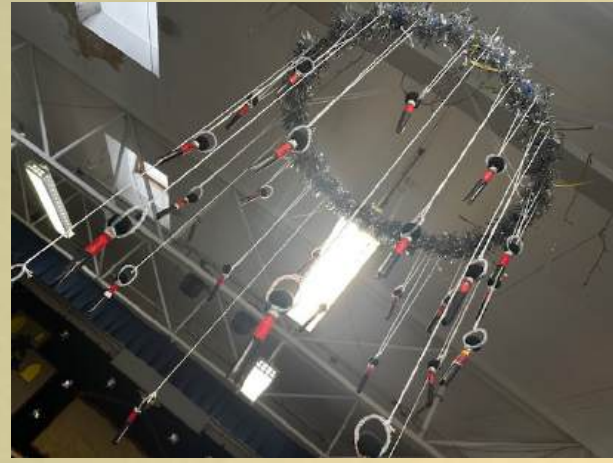
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Our festive Christmas hoops are now on display across the school. Each class has proudly designed and created its own unique hoop to celebrate the season together.



Term Dates 2025- 2026

KEY DATES FOR THE AUTUMN TERM

December:

5th Dec: Santa Run (add some Christmas sparkle to your school uniform)

5th Dec: FoR Christmas Fair (15:15-18:00)

8th Dec: Panto am & pm performances

9th Dec: EYFS Nativity dress rehearsal to the school (parents' performance is scheduled for the 11th Dec).

9th Dec: KS1 Carol Concert to parents (middle playground at 14:30)

10th Dec: VLT Christmas Concert 13:30-14:30, Venue: St Lawrence's Church, 2 Bridle Rd, Pinner HA5 2SJ

11th Dec: Nativity to parents in the KS2 hall (10:00-11:00 and 14:00-15:00)

12th Dec: Rocksteady Concert in the KS2 hall (09:30-10:30 or 14:00-15:00).
Francesco will inform you when your child's band is playing.

12th Dec: Christmas Jumper Day (**non-uniform day**)

16th Dec: Y6 @ RHS for A Christmas Carol

17th Dec: Inter-house fencing competition

17th Dec: Christmas lunch (**orders must be placed by 12th December**).

18th Dec: End of term
(**Note that the school finishes early: KS1 at 13:15, KS2 at 13:30, and there is no PM nursery session.**)

Getting Ready for Christmas at Ryefield

The school is already beginning to feel wonderfully festive as we prepare for the Christmas season. Decorations are being put up, classrooms are sparkling with winter displays, and staff are busy planning several special assemblies and celebrations for the children to enjoy over the coming weeks.

As always, our much-loved Ryefield Elves will be helping to deliver Christmas cards around the school. **To make sure every card reaches the right child, please ensure that all cards are clearly labelled with:**

- **First name**
- **Surname**
- **Class**

This information is essential for the elves to deliver cards accurately. If any card is missing these details or is unclear, the elves may not be able to deliver it, and it will have to stay in the sorting office.

Thank you for helping us keep this magical tradition running smoothly and for ensuring every child receives their festive post. Let the countdown to Christmas begin!

Spring term dates

Monday 5th January: INSET DAY (school closed to students)

Tuesday 6th January: INSET DAY (school closed to students)

Wednesday 7th January: School opens for the spring term

Friday 13th February: School breaks up for half term

Half term: 16th February to the 20th February

Monday 23rd February: School re-opens

Friday 27th March: Spring term ends. Note that the school finishes early: KS1 at 13:15, KS2 at 13:30, and there is no PM nursery session.

Easter holiday: 30th March - 9th April